

You are Invited to



## The MHST's PARENT WEBINARS

Scan the QR codes below to join the Teams Meeting or contact the MHST on 0115 8760167.

### Self-harm Awareness

19<sup>th</sup> November 2024 at 6-730pm



Meeting ID: 356 196 998  
374

Passcode: 58o6ME

### Understanding Your Teen

15<sup>th</sup> October 2024 at 6-730pm



Meeting ID: 377 274 806 418

Passcode: MwASn9