

Mental Health Support Team (MHST)

Children's Emotional Health & Wellbeing Webinar for Parents and Carers (Secondary age)

This one and a half hour webinar aims to provide parents and carers with a understanding of common mental health difficulties in young people. We will explore common mental health difficulties such as anxiety and low mood and how these might present at home and at school. We will also explore how you can support a young person's mental health and what the MHST may be able to offer.

Children's Emotional Health & Wellbeing Workshop

18th March 2025
at 1-2.30pm



Parents can join via Web using this link:
<https://www.microsoft.com/en-gb/microsoft-teams/join-a-meeting>
by inputting the Meeting ID and
Passcodes from the poster, or by scanning
the QR code below. Please note, parents
won't be able to join until the day.



Meeting ID: 367 965 569 70
Passcode: HAm2YT