

Year 9 PSCHE Lessons

As part of the PSCHE curriculum students are taught about a variety of personal, social, cultural and health related modules, as part of this they will consider health and wellbeing, relationships, fundamental British values and careers.

Half term 1- Health and wellbeing

Lesson 1 - Moving Forward (Key objective: 1.To look at the success and the failures of the previous year 2. To think about the coming year)
Lesson 2 - Which Job (Key objective: To relate job opportunities to personal skills, strengths and aptitudes)
Lesson 3 - Career Planning (Key objective: Use a variety of skills to explore and understand future careers and job sectors)
Lesson 4 - Technology in the workplace (Key objective: To understand the role and importance of modern technology in the workplace.)
Lesson 5 - Target Setting (Key objective: To appreciate the importance of target setting and developing flexible career plans)
Lesson 6 – Unemployment (Key objective: To recognise different reasons for unemployment and to demonstrate knowledge of ways to avoid unemployment)
Lesson 7 - Assessment

Half term 2- Health and wellbeing

Lesson 1 - Mental Health (Key objective: To examine the nature and meaning of being mentally fit and understand some of the pressures affecting mental health)
Lesson 2 - Dealing with Depression (Key objective: To understand what causes depression and what help is out there)
Lesson 3 – Celebrating Pride month. Key objective: to understand the importance of LGBT+ and to understand how this may link to certain mental health issues
Lesson 4 - Homeless People (Key objective: To understand what 'homeless' means, why people become homeless and to examine the effects that being homeless can have on individuals)
Lesson 5 – Alcohol (Key objective: To explore why people drink alcohol and the risks and harms associated with alcohol so that we can make informed decisions in the future)
Lesson 6 - Alcohol and emotional health (Key objective: To be aware of the impact that alcohol can have on emotional health)
Lesson 7 - Alcohol know your limits (Key objective: To be aware of the units of common alcoholic drinks)
Lesson 8 - Assessment

Half term 3- Relationships

Lesson 1 - No Hurry (Key objective: To understand the issues associated with promiscuity and unprotected sex)
Lesson 2 - HIV/AIDS (Key objective: To gain an understanding of HIV and AIDS, and the issues surrounding them)
Lesson 3 - Sexuality (Key objective: To examine the nature of sexual relationships, including homosexuality, and to understand the law in relation to those areas)
Lesson 4 - Marriage breakdown (Key objective: To understand the reasons why divorce happens and to examine the rights children and young people have when parents divorce)
Lesson 5 - Domestic Abuse (Key objective: To examine the issues of violence in the home and explore strategies for dealing with it)
Lesson 6 - Assessment

Half term 4- Fundamental British Values

Lesson 1 – Young Carers (Key objective: To understand and appreciate the pressures on children and young people who care for an ill or disabled person.)
Lesson 2 - Refugees (Key objective: To consider what a refugee is and how it might feel) Red Cross Visit on Refugees TBC
Lesson 3 – Voluntary Groups (Key objective: To understand the nature of community -based voluntary groups, and explore their benefits for individuals and communities.)
Lesson 4 – The Voting Age in England (Key objective: To consider whether the voting age should be lowered to 16 and consider whether or not prisoners should get the right to vote.)
Lesson 5 – Poverty in the UK (Key objective: To look at the causes of poverty in the UK)

Half term 5- Fundamental British Values

Lesson 1 - Voluntary groups (Key objective: To understand the nature of community -based voluntary groups, and explore their benefits for individuals and communities)
Lesson 2 - Young carers (Key objective: To understand and appreciate the pressures on children and young people who care for an ill or disabled person)
Lesson 3 - Regional Government (Key objective: To understand the need for regional governments and assemblies)
Lesson 4 - The court system (Key objective: To understand the basic organisation of the court system)
Lesson 5 - Youth Court (Key objective: To learn about the juvenile justice system)
Lesson 6 - Assessment

Half term 6- Work skills and finance

Lesson 1- Work skills and Finance (Key objective: To understand the concept of mortgages and rent and apply this to our own circumstance.)
Lesson 2- Work skills and Finance (Key objective: To understand the opportunities that University and Apprenticeships can offer.)
Lesson 3- Personal Finance (Key objective: To understand pay and how to budget effectively)
Lesson 4- Personal Finance (Key objective: To understand what credit is and how you can avoid falling into further debt.)
Lesson 5- TBC
Lesson 6- TBC
Lesson 7 - Assessment